

## Complètement, SWING!

#### CRAZY ENERGY AND ROCK-AND-ROLL WHIMSY!

Forty-five minutes of supercharged circus performance and wild poetry in motion, directed by the dynamic duo Pépin and Nina. The great feat is in itself the dramatic energy of the show, constantly and mercilessly swinging back and forth between Pépin's quiet calm and Nina's explosive extravagance.

Their love of dance, rhythm and laughter is what ties them together the most. They juggle, twirl around and fly through the air on the trapeze with humour and infectious delight.

They dive joyfully into their frenzied dreams and live passionately... They give everything they've got to share all of these intense emotions with their public.

"Completely Swing!" is performed in the street, beneath the company's portico, or under the big top.
Circus techniques include juggling, pair acrobatic feats and dances, swinging trapeze and passing acts.





#### **CAST AND CREW**

By and with

Sara Desprez & Angelos Matsakis

With the Artistic Direction of Albin Warette.

**Technical Support** 

Sébastien Jacquet & Lénaïc Hureau.

Set design

Thierry Deschamps, Jean-Claude Furet, & Didier Ledus.

Costumes

Agnès Vitour & Sara Desprez.

**Distribution and Administration** 

Emile Sabord Production.

The Artists

#### **SARA DESPREZ**

#### Swinging Trapeze, Artist and Aerial Acrobat.

At the age of six, while pumping her legs as high as possible on her swing, she threw herself into the air, shouting, "Look, Mommy!"...

Thanks to a quick-thinking passer-by, she had a narrow escape from what could have been her final flight! Ten years later, Desprez trained at the The National Circus School of Châtellerault (l'Ecole Nationale de Cirque de Châtellerault, ENCC), then at the Ecole Supérieure des Arts du Cirque of Brussels (ESAC), where she specialized in the swinging trapeze.

She subsequently joined the Helsinki Winter Circus in Finland for two consecutive seasons. After this experience as a performer, she decided to assert herself more as an artist by creating, with Angelos Matsakis, the Cirque Exalté (literally, the "Spirited Circus") Company and the show entitled "Completely Swing!"





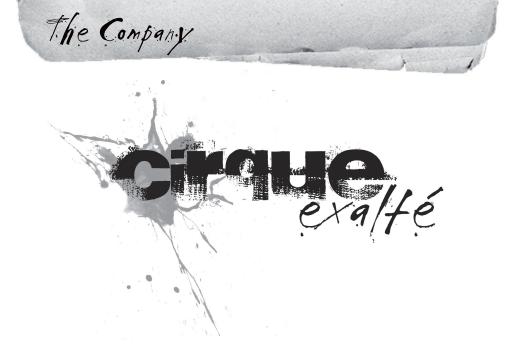
#### **ANGELOS MATSAKIS**

#### Juggler and Catcher.

Angelos discovered the world of the circus at a very young age, and it is there that he has constantly spent all of his overflowing energy. At the age of 14, he received the Amateur Gold Ring for a trio passing act with his brothers at the Tournai International Festival of Circus Arts.

After a number of years in circus entertainment, where Angelos tried his hand at a little bit of everything, he attended The National Circus School of Châtellerault (ENCC), then the Ecole Supérieure des Arts du Cirque of Brussels (ESAC), where he specialized in juggling and acrobatics. During this period of education and training, he met Sara Desprez and began work with her on dance material and pair acrobatic lifts.

After that he participated in the creation of a Helsinki Winter Circus performance in Finland, an experience that prompted his decision to put together a show with Sara Desprez. The Cirque Exalté Company was born!





The **Cirque Exalté** Company was created in 2009 by Sara Desprez and Angelos Matsakis, both trained at the Ecole Supérieure des Arts du Cirque of Brussels (ESAC).

"The name [of the Company] sprang forth very quickly as the clear choice. We'd like to proclaim to the world the circus' expertise, its form of exchange, and its sense of generosity through the use of numerous different techniques. In the word "exaltation" we conjure up, all at the same time, our energies, our impulsiveness, our passions and our poetry. Our Circus is meant to be lively, anchored in the present, full of risk-taking and enthusiasm, with just a slight, sweet hint of madness. It is successively choreographed, performed and championed."

The Company has been touring with "Completely Swing!" throughout France and internationally since 2010, and it is currently preparing its next show's performance.

To paraphrase Patti Smith in Dream of Life, art like poetry doesn't gain anything by being elitist. It's a direct emanation of people's strength; it's art from the street, art from the road, art from dust, a great big clatter of wars over birth and barbaric celebrations...

The Director

#### **ALBIN WARETTE**

#### Direction

Actor, stage director, artistic director and both professional and amateur trainer since 1996, he has been all of these things at once in the fields of theatre, circus, street performance and theatrical improvisation.

It is only in 1999 that he discovered the circus, by becoming a professor of theatre at the Lido, the Municipal Centre of Circus Arts of Toulouse (Le Lido, Centre Municipal des Arts du Cirque).

He adapted his theatrical techniques to the interpretation issues proper to the disciplines of the new circus. Today he has extended his professional interventions to other schools of circus art in Belgium, Spain, Hungary, Sweden and La Réunion, where he is an Associate Artist at the Séchoir.

He writes and directs shows that play on the daring combination of circus and theatre with different Companies, the Prêt à Porter collective, the Monstre(s) Company, Barnabarn, the Goldini family, the Cirque Exalté, the Cirk'Oblique and the Spanish company Jorge y Cecilia.

Since 2008 he has been Artistic Director of "Toulouse en piste", an event that focuses on emerging new circus acts in Toulouse.

### Professionnal testimonial

#### **YVES GLISIÈRES**

Former General Manager of the Cité du Cirque Marcel Marceau in Le Mans.

Administrator of the French Federation of Professional Circus Schools (Fédération Française des Ecoles de Cirque, FFEC).

"They are young and impetuous, even impassioned. They have the qualities essential to any artist: an unwavering faith in their choices, hard work and beautiful technique. In my view, this young company - this very young company - has a great future ahead of it. It possesses the tools necessary for exactly that: a passion for the circus, courage under fire and persistence in their chosen path. They in fact have all the qualities necessary for the vocation of circus artist.

Angelos and Sara, when I saw them for the first time - Sara up on her swinging trapeze, performing to Patti Smith's song "Gloria", moved me to tears. She is sublime, sensual and aggressive; her ardour and her inspiration on the trapeze make her an artist whose talent will only take on all its breadth and magnitude in the years to come.

Her partner, Angelos, was quick to use his figure to his advantage. He juggles with complete abandon. He gives the impression that he throws his Indian clubs irreverently yet catches them with grace.

Young, beautiful, sensual and in tune with each other, they are both presenting us with their first show, one in which technique dominates. They will in fact need to dominate this very technique themselves in order to open the path of creation and success for their career. They are a young couple of circus artists to check out, support and never leave out of your sight."



Press.



"Together they rewrite the laws of gravity, with an incredible energy and a ton of daring, in a hallucinating performance full of fantasy, humour and a perfect command of their art."

Le Républicain // 3 /13/2009

"They are young artists, but they serve as the proof that a person's worth is not measured in years. (...) A breathtaking show is on the horizon!"

Sud Ouest // 25 /05/2010

"Drawing from their experience, when performing they share a fervour and an incredible energy, as well as thrills and humour with a perfect technique and an impeccable mastery of their art..."

Le Maine Libre – Grand Mans // 03/06/2011

"A quirky couple who rocks, juggles and flies through the air to wild-and-crazy music, all with a dizzying amount of energy!"

Ouest France // 15 /01/2010

"A mischievous couple, made up of a young woman with a charming smile and her partner, do a rock dance together that quickly veers off course to crazy acrobatics! A stint on the trapeze for her, some juggling of clubs for him, and those 45 minutes just fly by (...)!"

Télérama // 29/05/2011

"Aurillac's Favourite Performance: Sara Desprez and Angelos Matsakis have a tremendous amount of energy to spare... What a diabolical couple, with such infectious joy. Their acrobatics and their trapeze act amazed the crowd."

La Montagne // 17/08/2011

"... a schedule of shows, each one crazier than the next, like that of the Cirque Exalté. They're a couple from Le Mans, a pretty trapeze artist and a tall lanky guy, who propose a fabulous show of fantasy and explosive acrobatics that is an absolute must-see..."

OUEST France // 22/05/2011

"From her trapeze high atop a wardrobe or hidden inside a large chest, this little acrobat has a knack for driving her partner crazy and making the kids in the crowd laugh like crazy. It's a supercharged, totally wild circus performance." Tribune de Genève // 23/07/2011

09 - 10/04/2011 | Saint Denis (93) La Fete Des Tulipes 15 - 16/04/2011 Serre Chevalier (05) Les Givres De La Rue 23 - 24/04/2011 Vieux Conde (59) Les Parades Turbulentes 10/05/2011 Sotteville Les Rouen (76) Mardi Viva Cite 21 - 22/05/2011 Laval (53) Tempo D'ete 03/06/2011 Le Bleymard (48) Festival D'olt 04/06/2011 Port Louis (56) Avis De Temps Fort 05/06/2011 Notre Dame De Monts (85) La Deferlante 07/06/2011 Boisset Saint Priest (42) Festival Les Monts De La Balle 09/06/2011 Cenon(33) Festival Des Lyceens 11/06/2011 Verdun Sur Garonne (82) 19 - 24/07/2011 Nyon (Suisse) Festval Paleo 29/07/2011 St Hilaire De Riez (44) 05/08/2011 Thonon Les Bains (74) Les Fondus Du Macadam 09/08/2011 Orcieres (05) 11/08/2011 Perpignan (66) Les Jeudis De Perpignan 12 - 14/08/2011 Luxey (40) Festival Musicalarue 6 - 20/08/2011 Aurillac (15) Festival D'aurillac Orcieres (05) 25/08/2011 03/09/2011 Sainte Savine (10) Festival Cours Y Vite 10 - 11/09/2011 Cergy Pontoise (95) Cergy, soit! 17/09/2011 Hazebrouk (59) La Rue Aux Artistes 24/09/2011 Champigny Sur Marne (94) Saint Ouen (94) Saint Ouen En Fete 25/09/2011 07/10/2011 Chatellerault (86)

Loué 01/05/2010 22/05/2010 Cirkézik 28, 29/05/2010 Caravanes de cirque 05/06/2010 Festival « Les Années Joué » 12/06/2010 Mimulus 18/06/2010 Soir d'été d'Arnage 24/06/2010 Soir au Village 25, 26, 27/06/2010 Viva Cité 12/07/2010 Les Entrelacés 17 et 24/07/2010 Soir d'été au Mans « Chalôns dans la rue » 22 au 25/07/2010 18 au 21/08/2010 Aurillac 28/08/2010 Connéré 03/10/2010 « Mon village en ville », Grigny (91) « Cirque invité », Chatellerault (86) 14 au 16/10/2010 29/10/2010 Festival « Spok », Douarnenez

23 Janvier 2009 16 Mai 2009

29 Mai 2009

12, 13, 14 Juin 2009 26, 27 et 28 Juin 2009 10 et 11 Juillet 2009 16 et 17 Juillet 2009 23 et 24 Juillet 2009

25 Juillet 2009 1 et 2 Août 2009 19 Aout 2009 Présentation à la Cité du Cirque
Extraits du spectacle Cabaret Mimulus
(Fresnay sur Sarthe)
Cabaret organisé par la compagnie
«Cirque d'anges heureux»
Festival Les Années Joué
Festival Le Mans fait son Cirque
Festival Les Affranchis
Festival Sortie de Bains
Soir d'été (Le Mans)
Les Veillées (Allonnes)

Festival Bastid 'Art





#### SHORTENED VERSION (OUTDOOR VERSION)

#### Performance space

Dimensions:

Maximum 16 meters deep x 20 meters wide unobstructed, level space, and vertical Clearance.

Stage type:

Floorboard minimum 8 meters x 9 meters.

If not possible, the Company accepts stage type: grass or concrete area free of any all holes, rocks.

For safety of artists, it is important that the stage space is flat and regular.

#### **Portico installation**

8 meters high and 4 meters wide

The company provides pincers into the ground or the organizer of concrete blocks / water.

Anchorage on floor: 7 concrete blocks of 500 kilos minimum each.

#### Manpower

2 people for setting up / dismantling and loading / unloading (handling mass transport of heavy loads).

#### Sound

We provide our own sound equipment. We need an electrical outlet (220V, 16 A) to plug into.

#### **Duration**

Setting up: 3.30 2 hours (included scenery)

Dismantling: 2 hours (as an approximation)

Show: 45 minute

#### Weather conditions and times of show

Show will not take place: in case of rain, wind exceeds 50 km / h, or temperature below 10°C

In case of rain during the day and if the structure is installed on a ground type grass or clay courts, the Company may cancel the show if she believes there is a danger to the artists particularly when the ground is slippery.

On a floor or concrete, the company will provide its service when the rain has ceased at least half an hour before and during the performance.

#### Request for the time of show.

If possible, we would perform after 18:00 in summer

#### The audience capacity

or optimun viewing: 600/800 persons sitting in a half circle.

#### Number people in the tour

3 persons (2 artists and 1 technician)

Accommodation hôtel\*\* 2 rooms (1 double and 1 single)

#### **Dressing room and catering**

The organizer must provide a safe and clean dressing room that has access to a bathroom. Provide water bottles, dried fruit, cereal bars, fruit juice...near the venue.

A full technical rider will be communicated on request ...



#### THE ARTISTS

**COMPAGNIE CIRQUE EXALTE** 

#### Sara Desprez / Angelos Matsakis

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#### **TECHNICAL**

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06 03 33 24 79 Seb.brak@laposte.net

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#### **EMILE SABORD**

#### **Sylvie Sauvage**

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# Graphic Design: www.virginiesalvanez.com

#### **PARTNERS:**

With the help of du PALC (Pépinière Artistique Ligérienne Circassienne), de la Cité du Cirque Marcel Marceau du Mans, du Centre Nationale des Arts de la Rue d'Angers (CNAR), de l'Ecole Nationale de Cirque de Chatellerault (ENCC), de la Compagnie Chien de Cirque et Cirque d'Anges Heureux, du Théâtre de l'Enfumeraie, et du Défi Jeune.

Residences : La Grainerie- Fabrique des arts du cirque et de l'itinérance à Balma, La gare à Coulisse à Eurre.